

Digitalis R1 Survey

*Kötelező

1. What's your gender?

Soronként csak egy oválist jelöljön be.

- ☐ Female
- ☐ Male
- ☐ Prefer not to say

2. What's your age?

Soronként csak egy oválist jelöljön be.

- ☐ 18-30
- ☐ 31-45
- ☐ 46-60
- ☐ 61+

3. Who do you care for?

Soronként csak egy oválist jelöljön be.

- ☐ A neighbour or acquaintance
- ☐ Spouse/partner
- ☐ Other family member or relative
- ☐ Any person in need

4. Are you employed now?

Soronként csak egy oválist jelöljön be.

- ☐ I work part-time
- ☐ I'm fully employed
- ☐ I cannot take a job actually
- ☐ I'm a student
- ☐ I'm on maternity leave

5. Where do you live?

Soronként csak egy oválist jelöljön be.

- ☐ City/suburb
- ☐ Town
- ☐ Village
- ☐ Rural place or remote from others

6. What is your highest level of education for which you received a certificate? (more answers possible)

Soronként csak egy oválist jelöljön be.

- ☐ No qualifications
- ☐ Certificates normally passed by the age of 16 (e.g. EQF level 1 primary school)
- ☐ Certificates normally passed at the age of 18 (e.g. EGF level 2-3 secondary or vocational diploma)
- ☐ Higher education certificates (e.g. from a university, polytechnic, or other equivalent institution)

9. What is your proficiency level regarding the following activities?

Soronként csak egy oválist jelöljön be.

	Very low	Low	Average	High	Extremely high
Browsing, searching and filtering data, information and digital content?	☐	☐	☐	☐	☐
Evaluating data, information and digital content	☐	☐	☐	☐	☐
Managing data, information and digital content	☐	☐	☐	☐	☐
Interacting through digital technologies	☐	☐	☐	☐	☐
Sharing through digital technologies	☐	☐	☐	☐	☐
Collaborating through digital technologies	☐	☐	☐	☐	☐
Developing digital content	☐	☐	☐	☐	☐
Protecting your digital devices and content	☐	☐	☐	☐	☐
Protecting your personal data and privacy	☐	☐	☐	☐	☐
Protecting health and well-being	☐	☐	☐	☐	☐

10. What do you use your digital device/s mostly for?

Soronként csak egy oválist jelöljön be.

- ☐ Finding information on the Internet
- ☐ Saving or storing your files
- ☐ Communicating online (e.g. in social media, community groups)
- ☐ Sharing information or content
- ☐ Other

11. Do you know health resources on the Internet?

Soronként csak egy oválist jelöljön be.

- ☐ Yes
- ☐ No

12. Do you know how to use the Internet to answer your questions about health?

Soronként csak egy oválist jelöljön be.

- ☐ Yes
- ☐ No

13. I have the skills I need to evaluate the health resources I find on the Internet

Soronként csak egy oválist jelöljön be.

1	2	3	4	5
☐	☐	☐	☐	☐

14. Are you interested in learning new things?

Soronként csak egy oválist jelöljön be.

- ☐ Yes, I always want to learn
- ☐ I am interested in learning some things
- ☐ I don't want to learn anything anymore

15. How well do you know your national e-health system?

Soronként csak egy oválist jelöljön be.

- ☐ Not at all
- ☐ I've heard of it but never used
- ☐ Partially. I only know what I need for my caring job.
- ☐ I know it well.

16. Can you utilize the benefits of your national e-health system?

Soronként csak egy oválist jelöljön be.

- ☐ I have no access to it
- ☐ I can use some of its benefits
- ☐ I can fully utilize its benefits

17. Mark what do you use your national e-health system for the most frequently:

Soronként csak egy oválist jelöljön be.

- ☐ Making appointments for medical visits
- ☐ Getting or triggering a prescription
- ☐ Access results or diagnoses
- ☐ Other

18. Do you know any homecare assistive technologies?

Soronként csak egy oválist jelöljön be.

- ☐ Yes
- ☐ No

19. Do you use any of the following technologies in your caring job? (select all that apply) *

Válassza ki az összeset, amely érvényes.

- ☐ Personal emergency alarm
- ☐ Fall detector
- ☐ Smart gadgets (sleep monitor, physiological monitors for heart rate, blood pressure, glucose etc)
- ☐ Food intake tracking
- ☐ Apps for wellbeing and relaxation
- ☐ Educational apps for fun
- ☐ Other

20. If you have chosen Other, please, specify it

21. Which of the above mentioned technologies you think might be helpful for you?

22. What do you regard as the most difficult about your informal caring job? *

Soronként csak egy oválist jelöljön be.

- ☐ Keeping contact with the GP/health care
- ☐ Share experiences with other carers
- ☐ Balancing between daily work, family and the caring job
- ☐ Finding full time employment
- ☐ Finding help
- ☐ Socializing

23. By what means do you keep contact with other informal carers in order to exchange experiences?

Soronként csak egy oválist jelöljön be.

- ☐ Phone
- ☐ Email
- ☐ social media
- ☐ communication applications (Skype, WhatsApp, Viber etc)

Google Ürlapok