



Empowering Informal carers in their daily usage of digital healthcare services



5 partner organizations from 3 European countries implement the project in Greece, Italy, and Hungary.



News

Kick-off Meeting

The project was launched and its first partner meeting took place on February 15, 2022, online. During the virtual meeting, the partner organizations got to know each other and jointly reviewed the company's tasks in the project and agreed on the details of the implementation of R1.



The online meeting

The online partner meeting next in line went on in Zoom on September 29th, 2022 aiming at the closing steps of PR1 and launching of PR2. In the first phase of the project, the partnership carried out informative research by asking representatives of the target group (informal women caregivers) about their digital preparedness and compiling a valuable database of digital tools and applications used in social and health care in each partner country





The **DemoCenter-Sipe Foundation** is a Centre of Innovation and Technology Transfer that offers companies information and knowledge on new technologies through the expertise present in our region, thanks to which it develops business ideas and ensures opportunities for competitive growth. Its mission is to create a system for innovation and technology transfer capable of accompanying and supporting the growth of companies in relation to their needs and characteristics.

DemoCenter-Sipe, through strong interaction with universities, research organizations, public and private Technology Centres and Parks, has created a unified access point for companies' requests for innovation, capable of supporting entrepreneurial needs and identifying the solutions required for specific business development projects. It aims to help, stimulate and accompany enterprises in each phase of the innovation and research paths: from the idea to the prototype, from the prototype to the product to foster the growth of the culture of innovation in companies and the local area through training and information seminars

doxee **Doxee**-Over 20 years of experience working alongside major enterprise companies. A long history of investment and a lot of innovation to help companies in their digital transformation of communication processes. A close-knit team of people working daily to provide the best tools for the Customer Experience.



The Institute of Preventive Medicine, Environmental and Occupational Health **Prolepsis** is a nongovernmental organization, active in the field of medical research, health promotion, and environmental and occupational health. With a strong belief in health being a fundamental right, Prolepsis has undertaken a leading role in the field of public health since 1990, by designing and implementing initiatives on various health issues and in different sectors (eg. education, workplace) targeting a wide range of audiences.

“COMING TOGETHER
IS A BEGINNING,
STAYING TOGETHER
IS PROGRESS, AND
WORKING TOGETHER
IS SUCCESS.” –
HENRY FORD



DIGITALIS



Greek Carers Network **EPIONI** was established in 2017 and is a national nonprofit organization supporting informal carers. EPIONI: 1) Organizes info events on various health issues of interest to carers. 2) Develops learning platforms for patients and caregivers. 3) Conducts awareness campaigns to highlight the contribution of informal carers to the national health and welfare system. 4) Lobbies local authorities in Greece to institute care-friendly policies. 5) Partners with various European organizations to exchange best practices in the health sector. 6) Is a member of Eurocarers, EUFAMI, EASPD, and Mental Health Europe.



Prompt offers complete IT and security technology solutions for companies, and individuals, from product distribution, through the installation of various systems to support and maintenance. Prompt Computer Technology was established in 1989 by university lecturers with decades of teaching and research experience to develop and distribute software and hardware products and computer science education. It started its activity in a small apartment in Gödöllő. In 1993 it moved to a 200-square-meter rental property, and since January 1998 it has worked in the headquarters building as its investment.



Eurocarers brings together carers' organisations as well as relevant universities & research institutes – a unique combination that enables evidence-based advocacy.

R1 PHASE

The Digitalis Consortium has elaborated and performed a survey to assess the digital needs of a meaningful population.

The survey has been implemented to assess digital needs to understand the levels of digital competence, the devices used, the frequency, and the rationale of using technology, communication, content creation, or awareness of digital safety.

To do so 34 volunteer informal caregivers in Greece and 22 in Hungary have been engaged to fill in the questionnaire. In both countries, more than 35% of the interviewees rated their digital skills as advanced (40.9% of the participants in GR and 35 in HU) with another third of the population self-scoring as average and less than 10% declaring themselves as shallow users.

Another interesting data is that 36.4% of the Greek participants reported using the national e-Health system to get or activate a recipe and around 50% of the Hungarian respondents use the National E-health System for receiving laboratory results and diagnoses but just 23.5% use it for getting and triggering a prescription.

But what we can get at the end of the day are some very interesting results wrapped up in 4 basic sentences:

The majority of the caregivers are females.

Most of the participants have never taken part in any kind of training in this area.

The majority of the participants have good knowledge of digital skills and have used several devices.

The most used technological device by caregivers is the phone but, interestingly, most caregivers don't use technology to keep in touch with the person they care for.

This is the ground where Digitalis' subsequent activities will take place!



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